

# PEACE

## *Calmness, Harmony, Serenity and Tranquility*

### 1. ESSENCE

- 3511 Peace comes from within. Do not seek it without.  
Buddha (B.C. 568-488)
- 3512 Peace is an armistice in a war that is continuously going on.  
Thucydides (B.C. 460-400)
- 3513 Peace is not the absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, and justice.  
Spinoza (1632-1677)
- 3514 Peace is the evening star of the soul, as virtue is its sun; and the two are never far apart.  
Colton (1780-1832)

### 2. OPPOSITES

- 3515 An unjust peace is better than a just war.  
Cicero (B.C. 106-43)
- 3516 Fair peace becomes men;  
ferocious anger belongs to beasts.  
Ovid (B.C. 43-18 A.D.)
- 3517 The most disadvantageous peace is better than the most just war.  
Erasmus (1466-1536)
- 3518 Such subtle covenants shall be made,  
Till peace itself is war in masquerade.  
Dryden (1631-1700)
- 3519 Peace is the happy natural state of man;  
war is corruption and disgrace.  
James Thomson (1700-1748)
- 3520 You may either win your peace or buy it;  
win it by resistance to evil;  
buy it by compromise with evil.  
John Ruskin (1819-1900)
- 3521 Whatever foster militarism makes for barbarism;  
whatever fosters peace makes for civilization.  
Herbert Spencer (1820-1903)

- 3522 The alternative to peace is not war. It is annihilation.  
Raymond Swing (1887-1968)

### 3. INSIGHT

- 3523 In seasons of tumult and discord bad men have most power;  
mental and moral excellence require peace and quietness.  
Tacitus (55-117 A.D.)
- 3524 A peace is of the nature of a conquest; for then both  
parties nobly are subdued, and neither party loser.  
Shakespeare (1564-1616)
- 3525 If we have not peace within ourselves, it is in vain to seek  
it from outward sources.  
La Rochefoucauld (1613-1680)
- 3526 If peace cannot be maintained with honor,  
it is no longer peace.  
John Russell (1792-1878)
- 3527 Peace is not only better than war, but infinitely more  
arduous.  
G. B. Shaw (1856-1950)
- 3528 Vast and fearsome as the human scene has become, personal  
contact of the right people, in the right places, at the  
right time, may yet have a potent and valuable part to play  
in the cause of peace which is in our hearts.  
Winston Churchill (1874-1965)
- 3529 Peace is not merely a vacuum left by the ending of wars. It  
is the creation of two eternal principles, justice and  
freedom.  
James Shotwell (1874-1965)

### 4. POSITIVE

- 3530 Richer is one hour of repentance and good works in this  
world than all of life of the world to come;  
and richer is one hour's calm of spirit in the world to come  
than all of life of this world.  
The Talmud (B.C. 500?-400? A.D.)
- 3531 Better than a thousand useless words  
is one single word that gives peace.  
Better than a thousand useless verses  
is one single verse that gives peace.  
Better than a hundred useless poems  
is one single poem that gives peace.  
The Dhammapada (c. B.C. 300)

- 3532 The excellence of good temper is that you offend no one and that you endure other people's annoyance without rancor or seeking retaliation.  
Sari al-Saqati (fl. c. 850 A.D.)
- 3533 When the mind is possessed of reality, it feels tranquil and joyous even without music or song, and it produces a pure fragrance even without incense or tea.  
Hung Tzu-ch'eng (1593-1665)
- 3534 Peace hath her victories  
No less renowned than war.  
Milton (1608-1674)
- 3535 Peace is such a precious jewel that I would give anything for it but truth.  
Matthew Henry (1662-1714)
- 3536 The man who consecrates his hours by vigorous effort, and an honest aim, at once he draws the sting of life and Death; he walks with nature; and her paths are peace.  
Young (1683-1765)
- 3537 Quiet minds cannot be perplexed or frightened, but go on in fortune or misfortune at their own private pace, like a clock during a thunderstorm.  
Robert Louis Stevenson (1850-1895)

## 5. NEGATIVE

- 3538 Everything is changeable, everything appears and disappears; there is no blissful peace until one passes beyond the agony of life and death.  
Buddha (B.C. 568-488)
- 3539 A peace may be so wretched as not to be ill exchanged for war.  
Tacitus (55-117 A.D.)
- 3540 He who does not attempt to make peace  
When small discords arise,  
Is like the bee's hive which leaks drops of honey -  
Soon, the whole hive collapses.  
Nagarjuna (c. 100-200 A.D.)
- 3541 Five great enemies to peace inhabit with us: vice, avarice, ambition, envy, anger, and pride. If those enemies were to be banished, we should infallibly enjoy perpetual peace.  
Francesco Petrararch (1304-1374)

- 3542 Even peace be may purchased at too high a price.  
Franklin (1706-1790)
- 3543 "Peace upon earth!" was said. We sing it  
And pay a million priests to bring it.  
After two thousand years of mass  
We've got as far as poison-gas.  
Thomas Hardy (1840-1928)
- 3544 Peace - A period of cheating between two periods of  
fighting.  
Ambrose Bierce (1842-1914?)
- 6. ADVICE**
- 3545 Peace can be reached through meditation on the knowledge  
which dreams give. Peace can also be reached through  
concentration upon that which is dearest to the heart.  
Patanjali (B.C. 500?)
- 3546 The self-controlled soul, who moves amongst sense objects,  
free from either attachment or repulsion, he wins eternal  
Peace.  
Bhagavad Gita (c. B.C. 400)
- 3547 The pursuit, even of the best things, ought to be calm  
and tranquil.  
Cicero (B.C. 106-43)
- 3548 Remember to preserve a calm soul amid difficulties.  
Horace (B.C. 65-8)
- 3549 Pursue not the outer entanglements,  
Dwell not in the inner void;  
Be serene in the oneness of things,  
And dualism vanishes by itself.  
Seng-T'San (540?-606 A.D.)
- 3550 There is nothing so likely to produce peace as to be well  
prepared to meet the enemy.  
George Washington (1732-1799)
- 3551 Peace, above all things, is to be desired, but blood must  
sometimes be spilled to obtain it on equable and lasting  
terms.  
Andrew Jackson (1767-1845)
- 3552 In moderating, not in satisfying desires, lies peace.  
Reginald Heber (1783-1826)

- 3553 Cultivate peace first in the garden of your heart by removing the weeds of lust, hatred, greed, selfishness, and jealousy. Then only you can manifest it externally. Then only, those who come in contact with you, will be benefited by your vibrations of peace and harmony.

Sivananda (born 1887)

## 7. POTPOURRI

- 3554 To be satisfied with a little, is the greatest wisdom; and he that increaseth his riches, increaseth his cares; but a contented mind is a hidden treasure, and trouble findeth it not.

Akhenaton? (c. B.C. 1375)

- 3555 Her ways are ways of pleasantness, and all her paths are peace.

Proverbs (B.C. 1000?-200?)

- 3556 The wise should surrender speech in mind, mind in the knowing self, the knowing self in the Spirit of the universe, and the Spirit of the universe in the Spirit of peace.

Upanishads (c. B.C. 800)

- 3557 O for a lodge in some vast wilderness,  
Some boundless contiguity of shade;  
Where rumor of oppression and deceit,  
Of unsuccessful or successful war,  
Might never reach me more.

Cowper (1731-1800)

- 3558 Let the world see that this nation can bear prosperity; and that her honest virtue in time of peace is equal to her bravest valor in time of war.

Paine (1737-1809)

- 3559 Ne'er saw I, never felt, a calm so deep!  
The river glideth at his own sweet will:  
Dear God! the very houses seem asleep:  
And all that mighty heart is lying still!

Wordsworth (1770-1850)

- 3560 How calm, -how beautiful comes on  
The still hour, when storms have gone,  
When warring winds have died away  
And clouds, beneath the dancing ray  
Melt off and leave the land and sea,  
Sleeping in bright tranquility.

Thomas Moore (1779-1852)

3561 Peace will come soon and come to stay, and so come as to be worth keeping in all future time. It will then have to be proved that among free men there can be no successful appeal from the ballot to the bullet, and that they who take such appeal are sure to lose their cases and pay the cost.

Lincoln (1809-1865)

3562 Here are cool mosses deep,  
And thro' the moss the ivies creep,  
And in the stream the long-leaved flowers weep,  
And from the craggy ledge the poppy hangs in sleep.

Alfred Tennyson (1809-1892)

3563 Buried was the bloody hatchet;  
Buried were all warlike weapons,  
And the war-cry was forgotten.  
Then was peace among the nations.

Longfellow (1807-1882)